

# LIVE A LIFE FILLED WITH VERVE

## SENIOR LIVING FOR YOU

Who we are

Delve into the essence of Adult Assisted Living – a manifestation of empathetic care and a sanctuary for those seeking a life enriched with communal support. Our identity goes beyond a mere facility; we serve as stewards of comfort, wholly devoted to fostering the well-being of our residents.

Within the intricate fabric of Adult Assisted Living, each strand narrates a tale of personalized care, offering solace to individuals in a community meticulously crafted to elevate their daily experiences. As caregivers, we act as sentinels, not just for assistance but also for companionship, fostering an environment where every resident is acknowledged and cherished.

Adult Assisted Living-loving couples



Our guiding principles commit to addressing the distinctive needs of each individual, ensuring a bespoke approach to their care journey. Inside the walls of Adult Assisted Living, we redefine assistance, transforming it into a holistic experience where residents prosper emotionally, socially, and physically.

As guardians of well-being, we embrace the duty of creating an ambiance that transcends the ordinary. Adult Assisted Living emerges as a tapestry where warmth, understanding, and empathy interweave, providing a refuge where residents are not just observed but truly seen, heard, and cared for.

At the heart of our community, the phrase "Who we are" resonates with a commitment – cultivating a residence where residents don't merely exist; they thrive. Adult Assisted Living encapsulates the essence of compassion, turning each day into a canvas adorned with meaningful moments, shared laughter, and a support network that mirrors a close-knit family.

The identity of Adult Assisted Living is a testament to the dedication of crafting an environment where life is celebrated, not merely sustained. Our narrative revolves around care, compassion, and community, inviting you to partake in the embrace of a place that transcends the realm of assisted living – a lifestyle meticulously curated with heart and understanding.



### WE'RE HERE TO HELP

Dedicated to being your family companion, guide, and dependable support. Trust us as your ally.

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### OUR MISSION

Elevating senior living experiences, our mission revolves around delivering exceptional adult assisted living services.

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### CAREERS

Facilitating superior adult assisted living, embark on a fulfilling career.

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"I really look forward to coming to the OakTrix. It gives me the opportunity to express my feelings. And I also met my best friend because of it."

ERIC GROVE  
New York, USA

Why us

## WELCOME HOME

Delivering top-notch senior care services, we ponder Why entrust us with your homecoming? While Dorothy eloquently asserted, "No Place Like Home," the distinctive essence of Olimpia's Senior Care transforms a mere facility into your cherished abode.



### RESORT-STYLE LIVING

Delicious meals, exceptional facilities...



### 24/7 NURSING STAFF

Highly qualified staff committed to your care



### SAFETY AND SECURITY

Protection and facilitation when needed



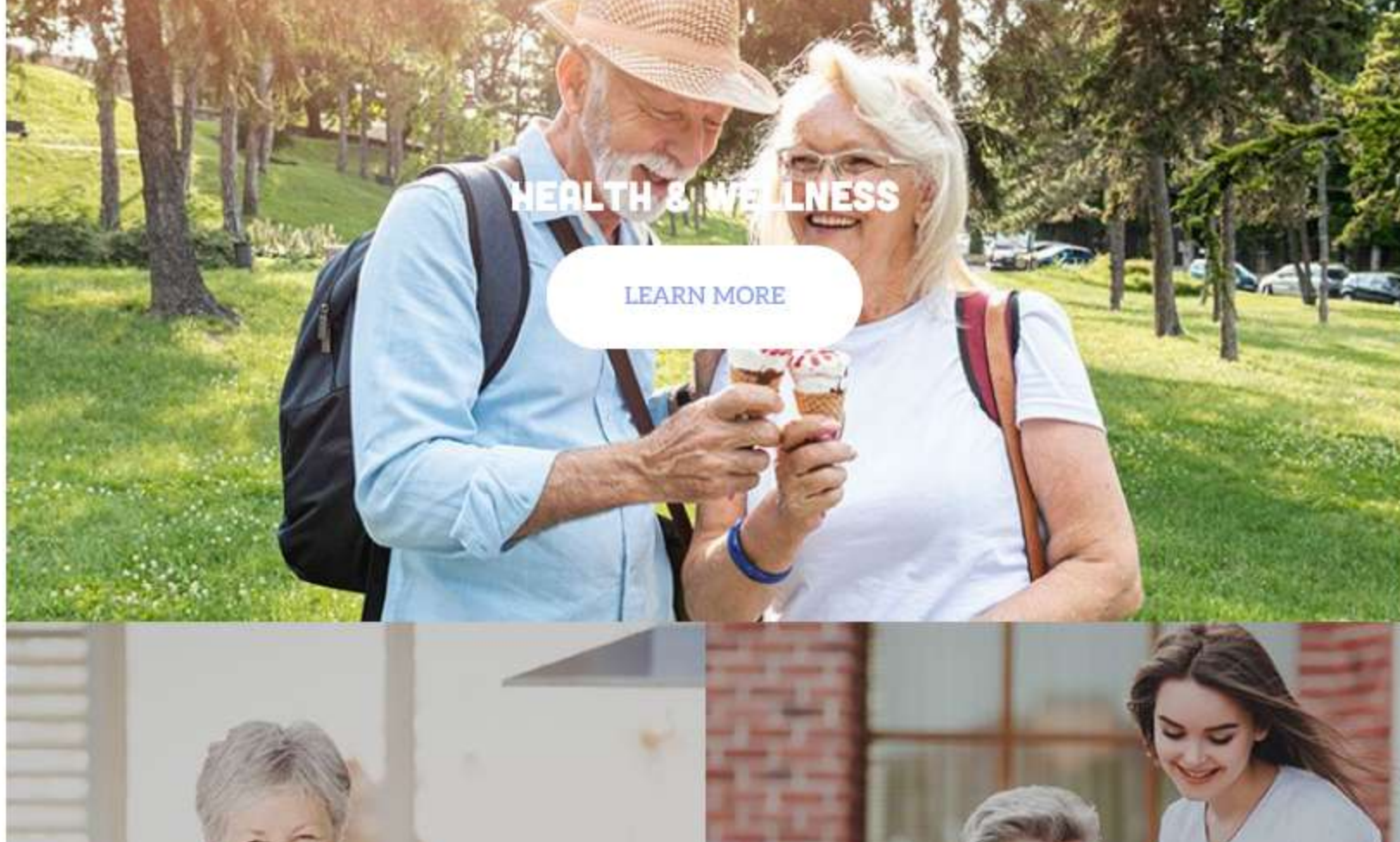
### MEDICATION

Rest assured your health needs are managed.

Lifestyle

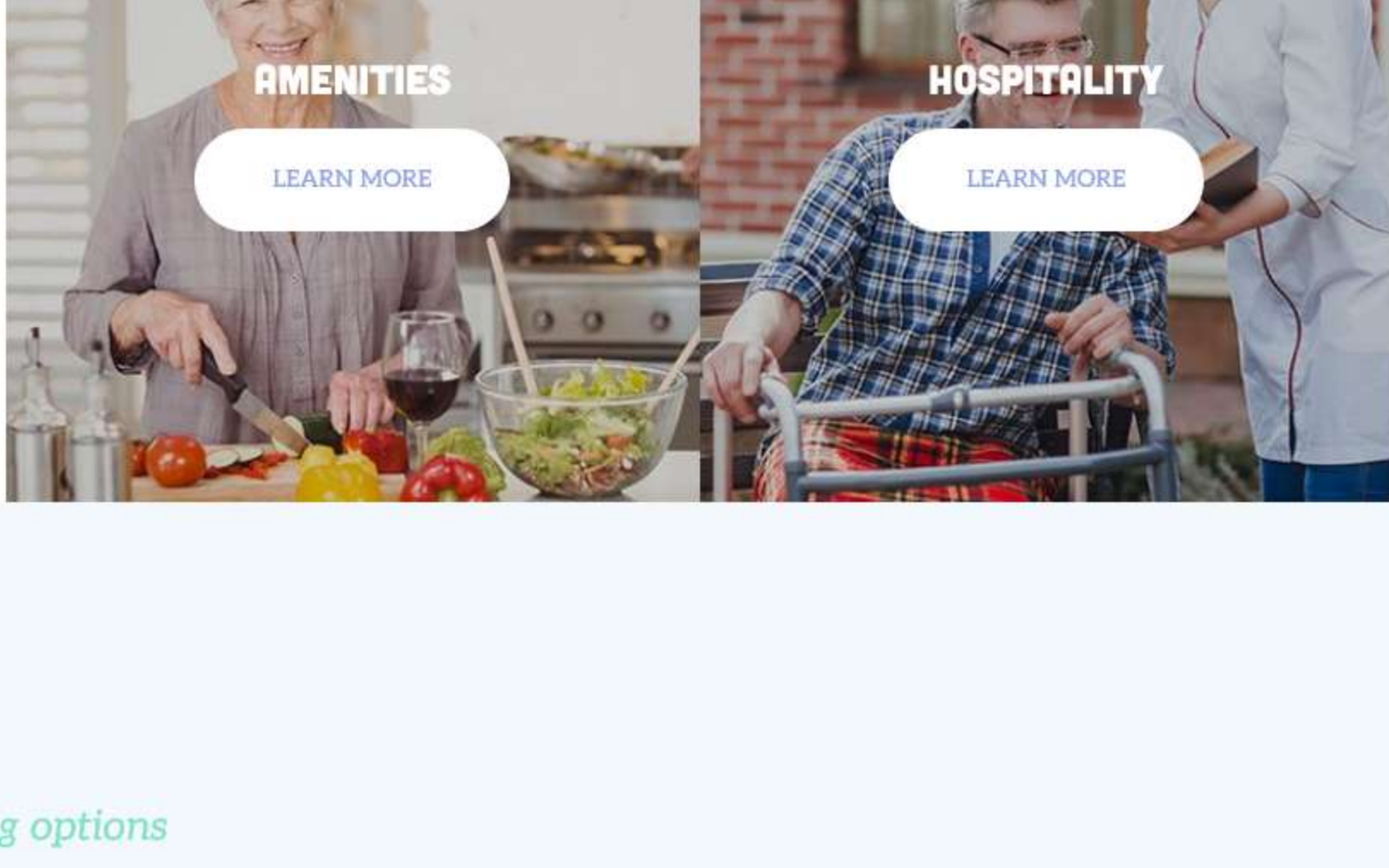
## DISCOVER A VIBRANT COMMUNITY

Fostering an enriching senior living experience. Uncover a dynamic community at Olimpia's Senior Care, transcending the conventional notion of comfortable living. Seniors explore an animated environment, engaging in active pursuits, savoring nourishing meals, participating in communal activities, establishing personal objectives, and embracing purposeful living – all amidst the camaraderie of neighbors.



### HEALTH & WELLNESS

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### AMENITIES

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### HOSPITALITY

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## THE RIGHT CARE FOR YOU

Living options



### ASSISTED LIVING

For older adults who value their independence, but need some assistance with daily

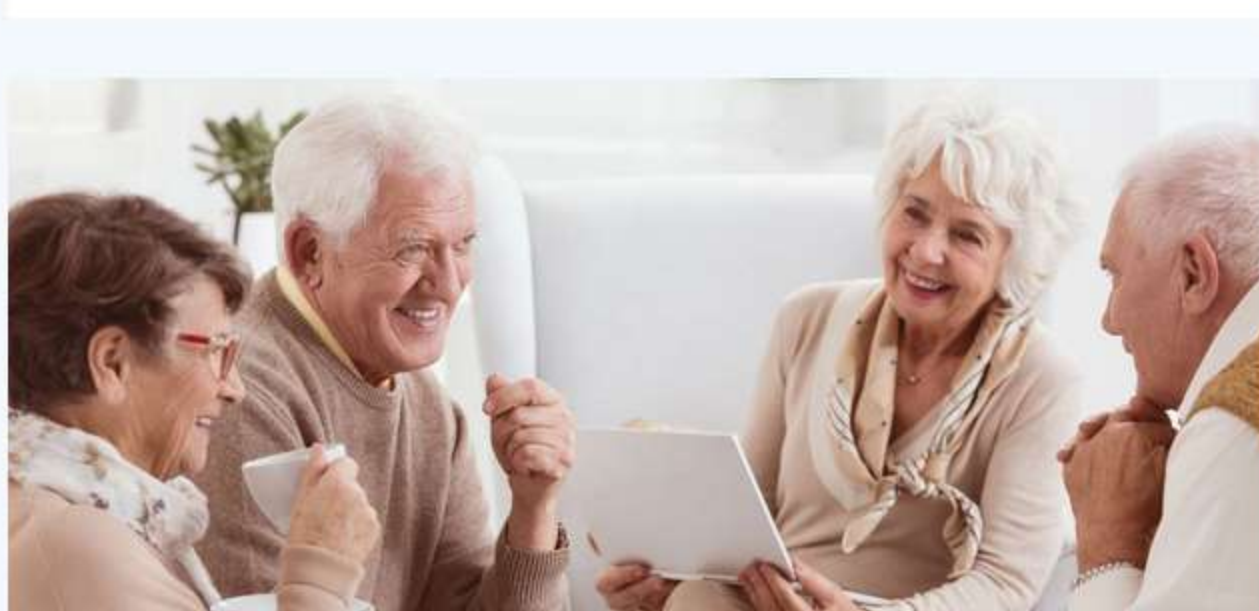
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### RESPIRE CARE

For those who want all the benefits of living independently, but without the worry

→



### MEMORY CARE

Our levels of memory care address the unique needs of residents with moderate

→

Where to begin

## YOUR FIRST STEP TOWARD BETTER LIVING

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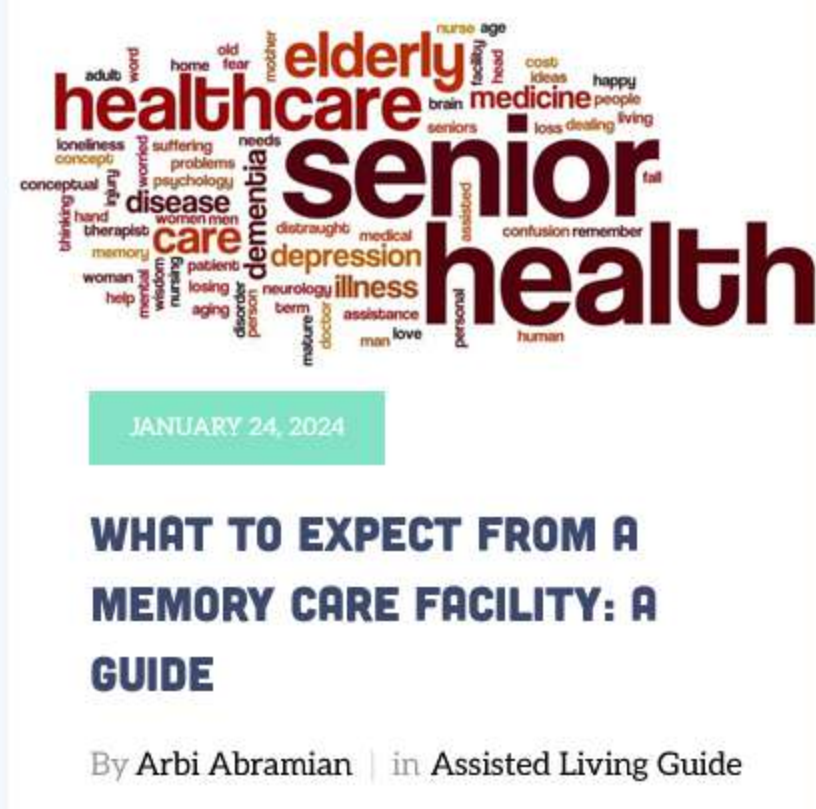
### WHEN TO MOVE FROM INDEPENDENT TO ASSISTED LIVING: 11 SIGNS

By Arbi Abramian | in Assisted Living Guide



### WHAT IS RESPITE CARE?

By Arbi Abramian | in Respite Care Guide



### WHAT TO EXPECT FROM A MEMORY CARE FACILITY: A GUIDE

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Careers opportunities

## JOIN OUR FAMILY TODAY

Explore fulfilling career opportunities at Olimpia's Senior Care, where we embark on a journey of adult assisted living service excellence for seniors, and become a valued member of our family today. Immerse yourself in our passionate commitment to serving residents and their families at the distinctive crossroads of hospitality, wellness, and healthcare. Join us for a rewarding professional experience.

AVAILABLE POSITION

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2022-07-21

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2021-05-30

★★★★★

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Laurie Brownlow

2020-09-29

★★★★★

My wife has been a resident for 9 months. No comparison to her previous care facility. I firmly believe that God sent one of his special...

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LONALD ROBERTS

2018-12-18



# AGE FEARLESSLY LIVE COLORFULLY

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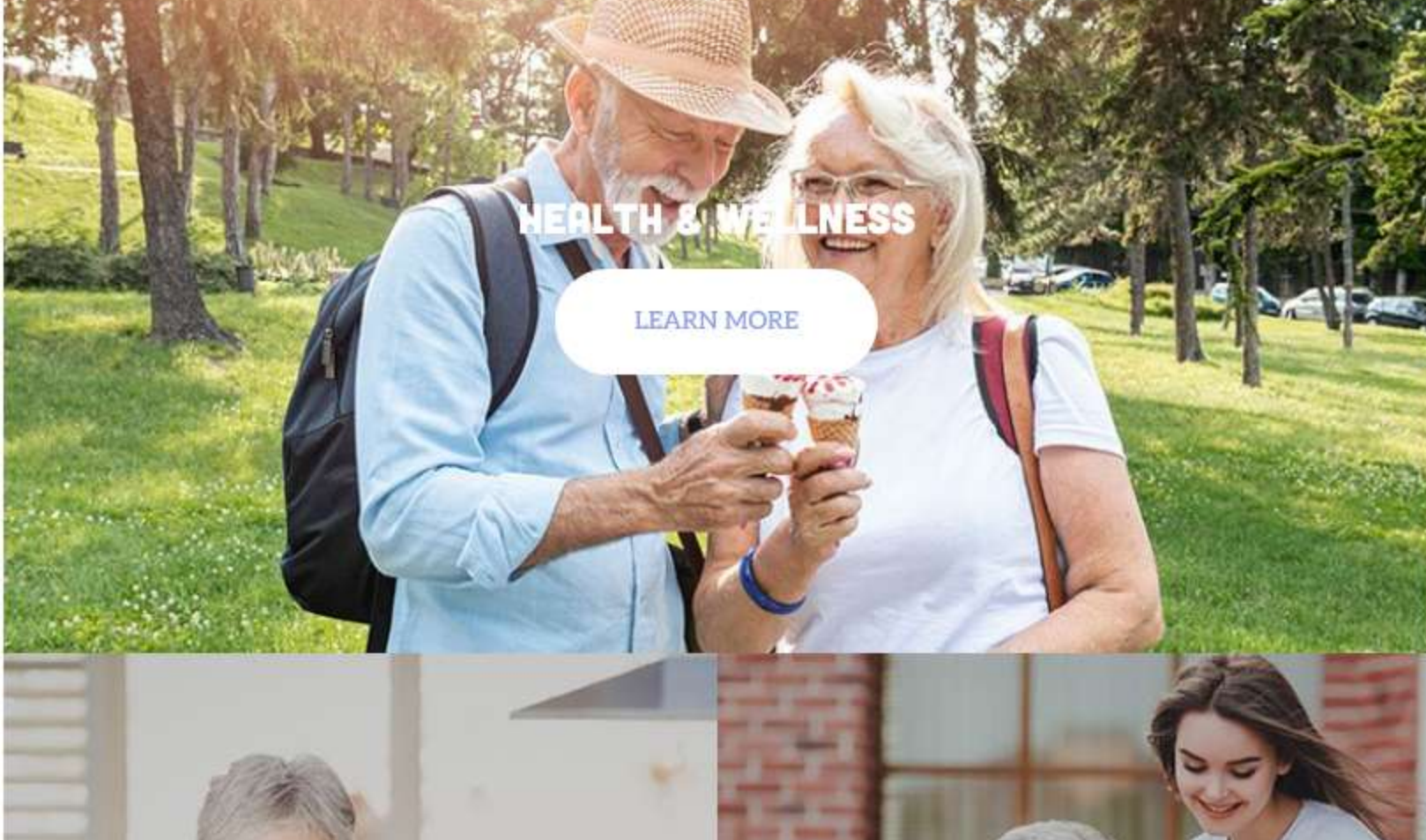
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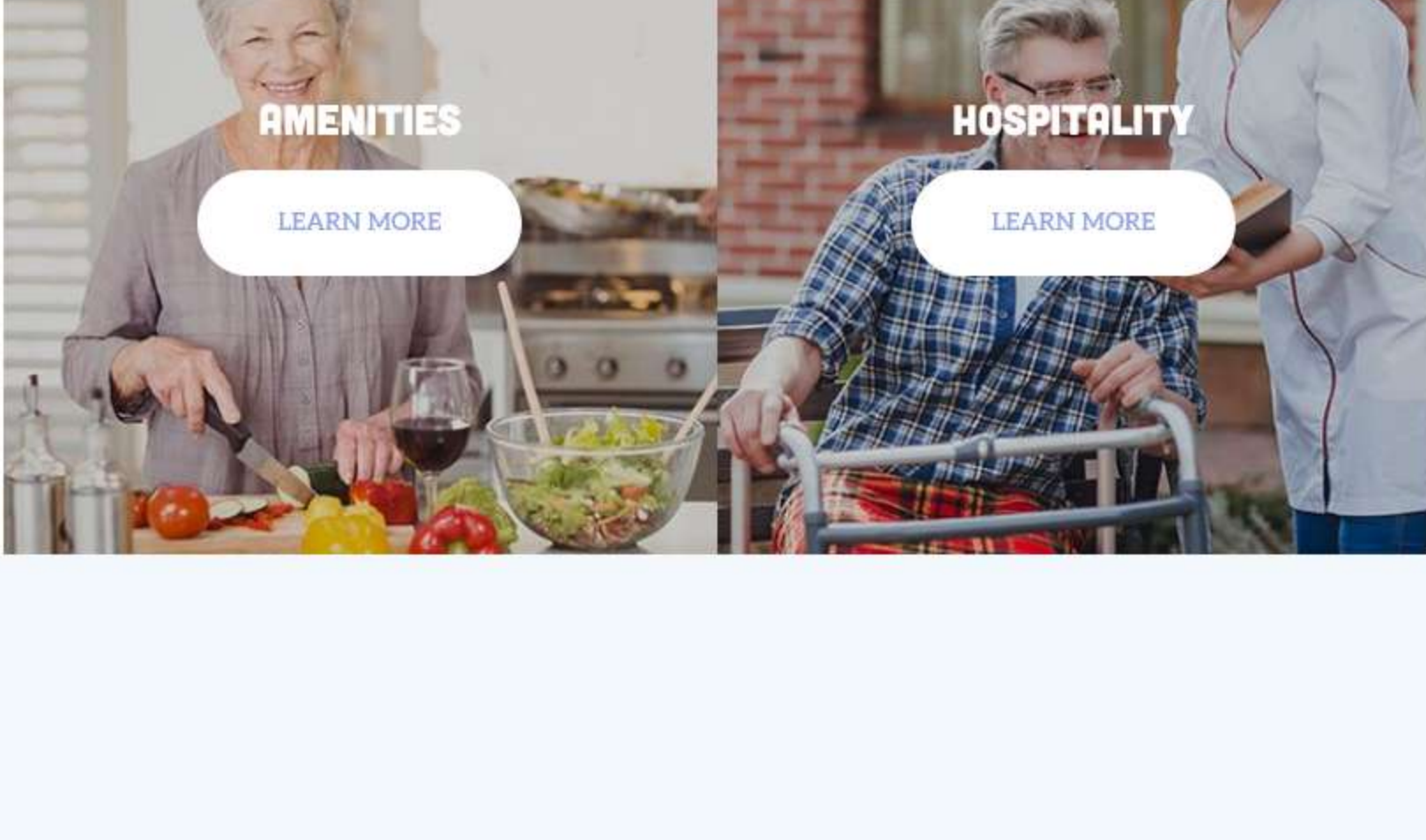
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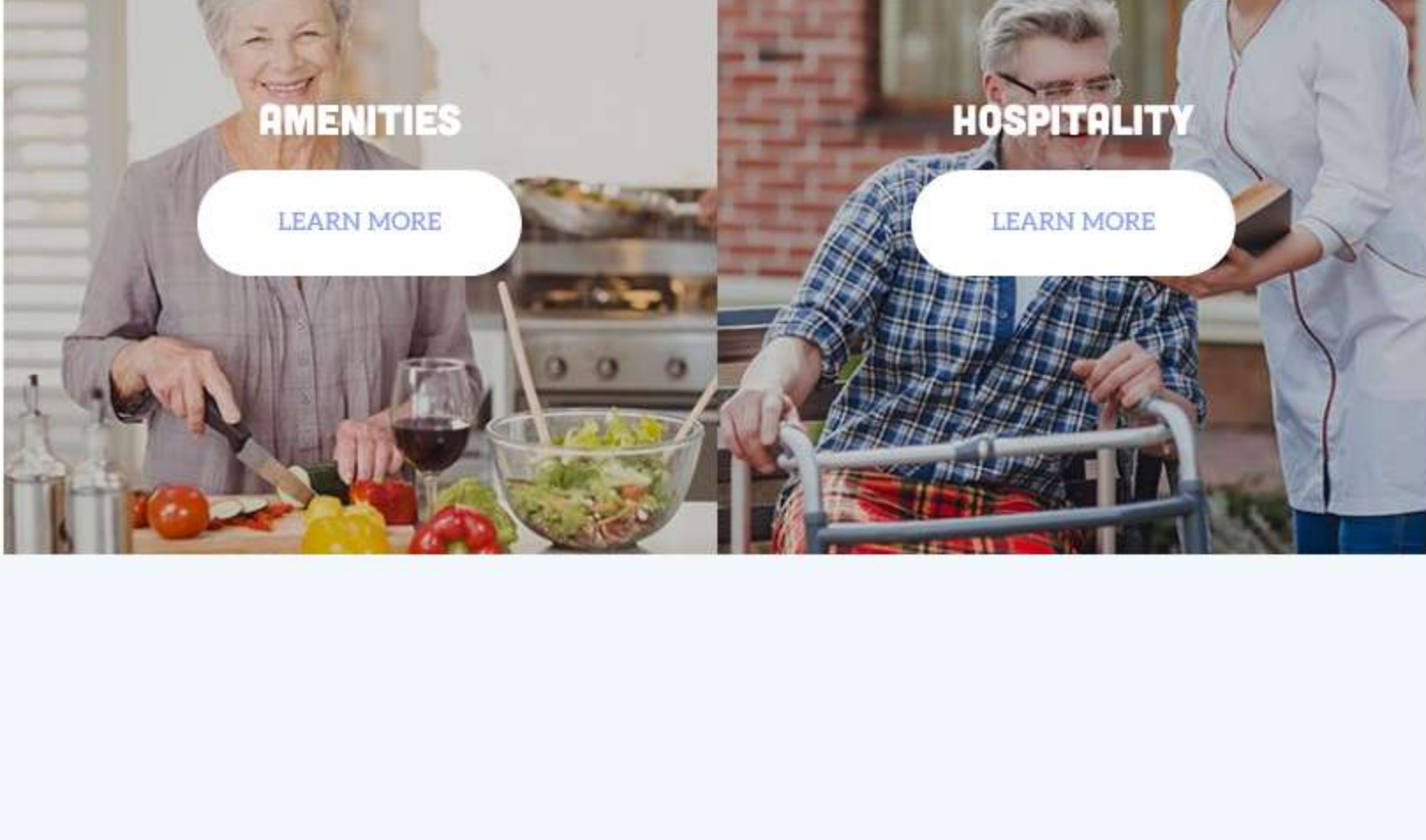
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From our blog

MARCH 16, 2024

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MARCH 9, 2024

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JANUARY 24, 2024

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# HEALTH & WELLNESS

Olimpia's Senior Care > Health & Wellness



## WELL-BEING WITH CONFIDENCE IN CARE

At Olimpia's Senior Care, we understand wellness is more than health; it's realizing your loved one's full potential. Olimpia's Senior Care provides an excellent safe supportive lifestyle, 24/7 clinical support, and well-trained staff, we prioritize your loved one's well-being. In addition to our support to your family members, we offer a variety of healthy lifestyle options and engaging activities, fostering a sense of well-being and supporting whole-brain fitness. With CONFIDENCE IN CARE, we are committed to ensuring a vibrant, fulfilling life for our residents.



DID YOU KNOW

Each day, our communities offer a blend of activities to enrich your loved one's body, mind, and spirit.



### CULINARY OFFERINGS

We're proud of our commitment and works to quality in everything we do.



### THERAPY SERVICES

Every single community offers residents a personalized monthly calendar of events



### LIFE ENRICHMENT

Enjoy spacious, elegant residences; welcoming common areas



### ENGAGING ACTIVITIES

Whether you enjoy fitness, the arts, education, dancing, gardening

## ACTIVITIES FOR MINDS, BODY AND SPIRIT

### ART FROM THE HEART

When we think of wellness, we naturally think of our health and being free from illness, but it's also about achieving your full potential. That's the goal of our wellness program for our residents.



### HEARTS & HARMONY

At Olimpia's Senior Care community, our dedicated activities team director has an extensive calendar tailored to our resident's specific needs.

### GARDENING

At Olimpia's Senior Care, we want your loved ones to enjoy life as our residents always have, whether that means getting together for a lively activity with friends.



### BRAIN-STIMULATING GAME

From spacious Private and Semi-private to daily activities is designed to encourage our residents to stay involved in social.

“

I am so very pleased with the staff, surroundings, programs, and activities at Olimpia's Senior Care. My dad has never been more content in his entire life.

**ELENA CRUISE**  
Family Member



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# SIGNATURE PROGRAMS

Olimpia's Senior Care > Signature Programs

## INVESTING IN YOUR WELL-BEING

At Olimpia's Senior Care discover daily opportunities for engagement, enjoyment, expression, learning, and growth. Our dedicated activities team crafts a personalized calendar for each community, catering to your unique needs.

- ✓ Purposeful – Maintain a meaningful sense of identity.
- ✓ Emotional – Feel safe, secure, and free to express emotions.
- ✓ Physical – Choose from exercise, nutritious food, and collaborative clinical approaches.
- ✓ Social – Foster a continuous sense of connectedness.
- ✓ Spiritual – Uplift spirits with meaningful experiences.
- ✓ Intellectual – Engage in a variety of interests.



## OUR UNIQUE ACTIVITIES

Here are some of Olimpia's Senior Care -exclusive programs you'll find at our senior living home.



### EMBRACE WELL-BEING WITH B-FIT

Indulge in our B-Fit exercise program, designed for your physical fitness. Rooted in the latest research and guidelines, it promises a delightful, invigorating, and socially engaging exercise journey. Elevate your well-being with every move, surrounded by a supportive community.



### NOURISH YOUR SOUL WITH THE AGELESS SPIRIT

At Olimpia's Senior Care, your spiritual well-being is paramount. Our award-winning program, The Ageless Spirit, is crafted for you. Immerse yourself in simple yet powerful practices, enhancing your spiritual journey. Your soul matters, and we are devoted to nurturing it.



### YOUR JOURNEY WITH "MY LIFE STORY"

At Olimpia's Senior Care, we honor your unique journey. Join "My Life Story," our storytelling program. Share your valuable wisdom, shaping the person you've become. Your narrative is cherished, adding richness to the collective tapestry of experiences in our community.



### YOUR WELL-BEING WITH MINDFUL FITNESS

At Olimpia's Senior Care, we believe in nurturing both body and mind. Our holistic program offers insights into living a brain-healthy life. Discover the synergy of physical and mental well-being in our thoughtfully crafted fitness regimen.



### CONNECTED LIFE WITH OLIMPIA'S SENIOR CARE

At Olimpia's Senior Care, we redefine aging by fostering connections. Our technology solutions ensure you stay linked to loved ones and the world. Experience the power of staying engaged and connected throughout your aging journey.



### GROUP LIFE HEALTH TALKS

Explore lifelong learning with Olimpia's Senior Care. Our nurses and therapists bring expert insights to enhance your understanding of health and wellness. Seize these educational moments to foster a healthier, happier life.

The staff everyone from housekeeping to the dining room, the nurse and the care staff is top notch. They are very good and always willing to help."

FRANK B.  
Family Member

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# STORIES

Olimpia's Senior Care > Stories



## SARA SMITH

"Aesthetically pleasing surroundings are important. I wanted my clients to enjoy and thrive in the spaces that I created. I graduated with a Bachelor's Degree in Fine Art - Interior Design from Northwestern University and then worked at a design studio in Evanston. "Aesthetically pleasing

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## MARGIE SCHOEN

"Forty years ago, I decided to learn to square dance and I have not stopped dancing since! It was in 1973 when a neighbor shared that she lost 35-pounds square dancing. My husband wanted to lose weight so we gave it a try. He eventually

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## ROSS AND GESA CLARK WITH SPENCER

"Spencer adopted us from the Rancho Coastal Humane Society," says Ross. "Once we found out that we could have a dog in our apartment we started looking. We changed his name to Spencer - it was my mother's maiden name - and took him with

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## LILLIAN "LILLI" DIAMOND

Lilli Diamond started dancing as a child and then joined a professional dance troupe at sixteen. "There were eight of us," she recalls. "We traveled around the country dancing in vaudeville and nightclub shows. The second day after I moved to Los Angeles, I met

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GET IN TOUCH

## OLIMPIA'S SENIOR CARE CONTACT US

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✉️ [enroll@olimpiaseniorcare.com](mailto:enroll@olimpiaseniorcare.com)

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🕒 Visitor Hours

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## WE LOVE TO HEAR FROM YOU

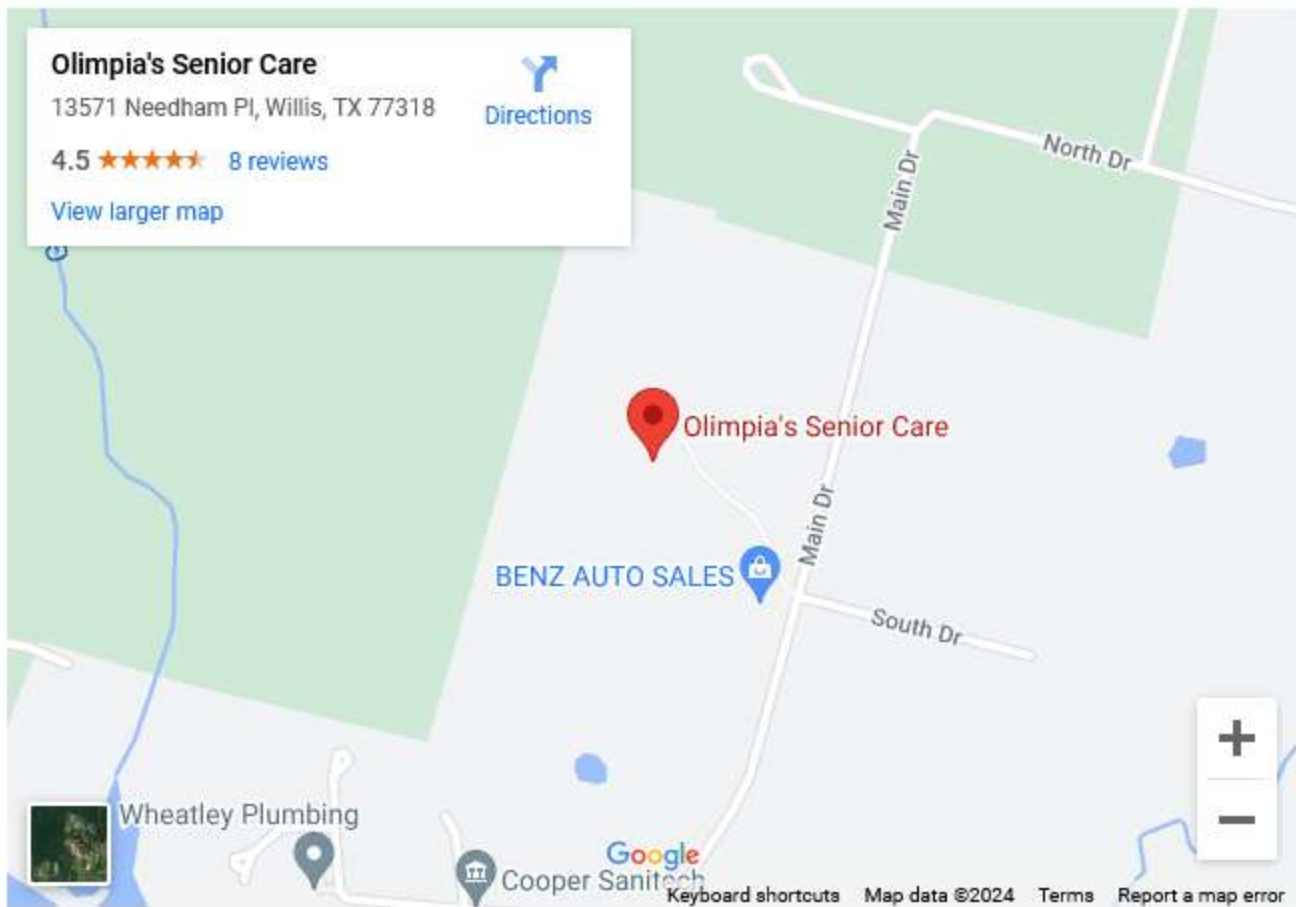
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